



2026  
ACTIVITY CALENDAR

BIRTHDAYS

Kay C. - 9/16  
Tina G. - 9/21  
Jim M. - 9/24  
Dave L. - 9/25  
Bud W. - 9/27

LIFE ENRICHMENT TEAM

Maria - Director of Life Enrichment  
Meagan- Activity Assistant  
Ashton- Activity Assistant  
Stacey- Activity Assistant  
Chelsea- Activity Assistant

ACTIVITY PACKETS

Make sure to get this month's activity packet from someone in the Activity department. Once you get 5 Luther Bucks to use at the Luther Store!

LUNCH BUNCH -9/16 & 9/30

Please let the Activity department know a week in advance if you want to sign up for one of the lunch bunches this month. Lunch will be at the resident's expense.

ADDITIONAL ACTIVITIES

One to one activities and additional impromptu group activities are provided in addition to the activities on this calendar.

*\*Activities & times are subject to change\**



| SUNDAY | MONDAY                                                                                                                                                                                             | TUESDAY                                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                             | THURSDAY                                                                                                                                                                                                                                         | FRIDAY                                                                                                                                                                                               | SATURDAY                                               |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|
|        |                                                                                                                                                                                                    | 9:30a: Exercise<br>10:15a: Nail Therapy<br>1:30p: Bingo<br>3p: Snack & Chat<br>3:30p: Dancing Dots Mobile<br>4p: Patio Chats<br>5:30p: Wii                                             | 9:30a: Fitness Drumming<br>10:15a: Family Feud<br>1:30p: Bingo<br>3p: Popcorn Delivery<br>3p: 3D Paper Apple Craft<br>4p: Patio Chats<br>5:30p: Wii                                                                                   | 9:30a: Exercise w/ Rock Valley<br>10a: Catholic Communion<br>10:15: Stirring Up Memories (Cinnamon Roll Apple Cobbler)<br>1:30p: September Birthday party & Live Music w/Ryan Bizarri<br>3p: DIY Gnome Wreath<br>4p: Patio Chats<br>5:30p: Bingo | Macadamia Nut Day<br>9:30a: Senior Games<br>10:15a: Mason Jar Scarecrow<br>1:30p: Bingo<br>3p: Fall Tree Craft<br>4p: Patio Chats<br>5:30p: Wii                                                      | 8:30a-12:30p: Activity Zone                            |
| 6      | 9:30a: Exercise<br>10a: Bingo<br>                                                                                 | 9:30a: Exercise<br>10:15a: Popsicle Stick Acorns<br>1:30: Bingo<br>3P: Snack & Chat( Chocolate Milkshake)<br>4p: Patio Chats<br>5:30p: Wii                                             | 9:30a: Fitness Drumming<br>10:15a: Sunburst Mirror<br>1:30p: Live Animals w/Muscatine County Con.<br>3p: Wii<br>3p: Snack & Go<br>3:30p: Craft Stick Fall Truck Craft<br>4p: Patio Chats<br>5:30p: Bingo                              | 9:30a: Exercise w/ Rock Valley<br>10a: Catholic Mass<br>10:15: Stirring Up Memories (Apple Dumplings)<br>1:30p: Bingo<br>3p: Paper Plate Fall Wreath<br>4p: Patio Chats<br>5:30p: Wii                                                            | 9:30a: Senior Games<br>10:15a: DIY Autum craft<br>1:30p: Bingo<br>3p: Rootbeer Floats<br>3:15p: Fall Leaf Sun Catcher<br>4p: Patio Chats<br>5:30p: Wii                                               | CHOCOLATE MILKSHAKE DAY<br>8:30a-12:30p: Activity Zone |
| 13     | 9:30a: Exercise<br>10:15a: Nail Therapy<br>1:30p: Happy Hour & Live Music w/ The Wiersons<br>3p: Wii<br>2:45p: Popsicle Stick Scarecrows<br>4p: Patio Chats<br>5:30p: Bingo                        | 9:30a: Exercise<br>10:15a: Torn Acorn Paper Craft<br>1:30p: Bingo<br>3p: Snack & Chat (Peanut Butter Cheerio bars)<br>3:30p: Dixie Cup Squirrel Craft<br>4p: Patio Chats<br>5:30p: Wii | 9:30a: Fitness Drumming<br>10:15a: Brain Games/Jeopardy<br>10:45a: Lunch Outing(A Guy & Grill)<br>1:30p: Bingo<br>2p: Bible Study w/Pastor John Brown<br>3p: Ice Cream craft<br>3p: Popcorn Delivery<br>4p: Patio Chats<br>5:30p: Wii | Apple Dumpling Day<br>9:30a: Exercise w/ Rock Valley<br>10:15: Stirring Up Memories (Peach Crisp)<br>1:30p-2:30p: Luther Store<br>3p: Wii<br>3p: Fall Wind Sock<br>4p: Patio Chats<br>5:30p: Bingo                                               | 9:30a: Senior Games<br>10:15: Patchwork Paper Pumpkin<br>1:30P: Bingo<br>3p: Pom Pom Stamped Fall Sweater Craft<br>4p: Patio Chats<br>5:30p: Wii                                                     | 8:30a-12:30p: Activity Zone                            |
| 20     | 9:30a: Exercise<br>10:30a: Nail Therapy<br>1:30p: Live Music w/Robert Dahms<br>3p: Wii<br>3p: Snack & Chat(Mini Pancakes)<br>3:15p: Fingerprint Fall Tree Craft<br>4p: Patio Chats<br>5:30p: Bingo | Ice Cream Cone Day<br>9:30a: Exercise<br>10:15a: Nail Therapy<br>1:30p: Bingo<br>3:15p: Fall Windsock Craft<br>4p: Patio Chats<br>5:30p: Wii                                           | 9:30a: Fitness Drumming<br>10:15a: Cardboard Yarn Apples<br>1:30p: Bingo<br>3p: Snack & Go<br>3:15p: Fall Door Hanger<br>4p: Patio Chats<br>5:30p: Wii                                                                                | 9:30a: Exercise w/ Rock Valley<br>10a: Catholic Communion<br>10:15: Stirring Up Memories (Cinnamon Rolls)<br>1:30p: Live Music w/Heartland Harvest<br>3p: Wii<br>3p: Fall Door Hanger<br>4p: Patio Chats<br>5:30p: Bingo                         | 9:30a: Senior Games<br>10:15a: Happy Fall Button Craft<br>10:30 Resident Council<br>11a-3p: Blood Drive<br>1:30p: Torn Paper Autumn Leaves<br>3p: Rootbeer Floats<br>4p: Patio Chats<br>5:30p: Bingo | Pancake Day<br>8:30a-12:30p: Activity Zone             |
| 27     | 9:30a: Exercise<br>10:30a: Brass Ensamble<br>1:30p: Live Music w/ Mike McElroy<br>3p: Wii<br>3p: Nail Therapy<br>4p: Patio Chats<br>5:30p: Bingo                                                   | 9:30a: Exercise<br>10:15a: Fuzzy Sock DIY Pumpkins<br>1:30p: Bingo<br>3p: Snack & Chat(Caramel Frappe)<br>3:15p: Family Feud<br>4p: Patio Chats<br>5:30p: Wii                          | 9:30a: Exercise<br>10:15a: Brain Games/Jeopardy<br>10:45a: Lunch Outing(China Garden)<br>1:30p: Bingo<br>2:45p: Food Committee<br>3p: Pumpkin Garland Craft<br>3p: Popcorn Delivery                                                   |                                                                                                                                                                                                                                                  | <u>LOCATION KEY:</u><br>Event Center - Red<br>Activity Room - Blue<br>Chapel - Green<br>Outing - Pink<br>Room Delivery - Black<br>Front Patio- Purple                                                |                                                        |