



Sunset Support:

*A safe place
for families
coping with dementia*

The sunset of a person's life should be a time spent with family remembering life with all its joys and sorrows. But for those with dementia, the sunset of life is anything but. Dementia steals the memories and the lives of those in its grip. No matter how or why a particular person's dementia begins, in the end it leaves families grieving and struggling to make sense of it. It is painful to watch loved ones lose memories, abilities, language, awareness, and the other things that made their lives worthwhile. If this is your experience, you are not alone.

Sunset Support is a group for people who are travelling this difficult path. Whether you are a family member, friend, caregiver, or otherwise in contact with a person with dementia, there is a place for you. We meet twice monthly at Faith Chapel on Lutheran Living Senior Campus. All are welcome, regardless of where their loved one resides, and we are not a religious group, although questions of faith may come up in conversation.

Evening meetings are on the 4th Tuesday of the month from 5:30pm-6:30pm, while daytime meetings are on the 3rd Thursday from 1pm-2pm. If you would like more information, **contact Pastor Susan Bantz, Chaplain at Lutheran Living Senior Campus, 563-506-3790.**

Next Meetings:

Thursday, Mar. 21, 1-2

Tuesday, Mar. 26, 5:30-6:30

Thursday, Apr. 18, 1-2

Tuesday, Apr. 23, 5:30-6:30